



UPLIFT YOUR  
LIFE THROUGH

**FITNESS &  
WELLNESS**

   /elevate\_fitness.gym

 Marian Resort & Spa, Dyserth, LL18 6DX





REACH YOUR  
**PEAK**

and then some...



At **Elevate Fitness Gym**, we're committed to helping you achieve your fitness goals while providing you with unparalleled amenities and benefits. Whether you're a seasoned fitness enthusiast or just starting your wellness journey, our brand-new facility is the perfect place to sweat, smile, and thrive. Join us today and experience the ultimate fitness and leisure experience like never before.

**ELEVATE**  
FITNESS GYM



# OUR SERVICES

At our fitness club, we offer more than just a workout—we provide a complete wellness experience. With state-of-the-art gym equipment, in-body composition analysis, a tailored gym program, inclusive fitness classes, and full access to leisure facilities, you're not just shaping your body; you're enhancing your entire lifestyle.

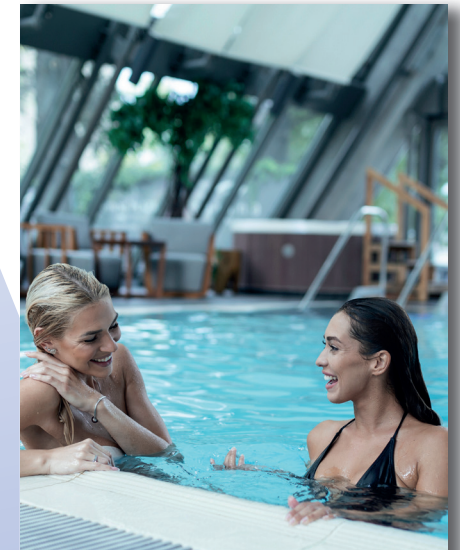
**Scan here** for  
Full information and Timetable



**State of the Art Gym**



**Fitness & Wellness  
Classes**



**Leisure Facilities**

# MEMBERSHIP

Start your journey today with our **membership** packages and unlock a world of wellness. Whether you're looking to reshape your body, boost your confidence, or embrace a healthier lifestyle, our comprehensive services are here to support every step of your transformation.

## Single Membership

**£55** PER MONTH

**£550** ANNUAL MEMBERSHIP

**50%**  
OFF JOINING FEE

## Joint Membership

**£49** PER MONTH

**£490** ANNUAL MEMBERSHIP

Our fitness gym is open **24 hours**, giving you the flexibility to work out whenever it suits you. Plus, enjoy our leisure facilities from **8am to 9pm**, offering you ample time to relax and rejuvenate as part of your wellness journey.

### Benefits include...

**10%**

OFF SERENITY  
SPA TREATMENTS

**10%**

OFF FOOD  
& BEVERAGE

**2x**

FREE LEISURE  
PASSES

Membership is open to anyone over the age of 16 years old. Annual membership prices are for 12 months from the date of commencement and are non refundable. Joint membership must be paid from the same account for DD or annual. If one member chooses to cancel, the other member can choose to cancel or move to single membership. Prices are valid only for the year of 2024.

## 2 FREE DAY LEISURE PASSES

With your membership, you'll also receive **2 free day leisure passes** for friends and family. Try a new class together, enjoy a little friendly competition or spur each other on to keep those fitness goals on track!

Working out with a friend isn't only twice as much fun, it's proven to make you work harder, for better results...



Scan me for  
more information

**FREE**  
LEISURE PASS

ELEVA  
FITNESS GYM

Member Name:

Guest Name:

Guest Email:

Guest Phone Number:

1 DAY

**FREE**  
LEISURE PASS

ELEVA  
FITNESS GYM

Member Name:

Guest Name:

Guest Email:

Guest Phone Number:

1 DAY

**Terms & conditions:**

To redeem the coupon for a Free Day Leisure Pass, this coupon and the member who holds the valid membership must be physically present at the time of redemption.



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# BE YOUR BEST

start your commitment today...

Our friendly team is here to support you on your wellness and fitness journey, whether you're just starting out or feeling stuck with your current training, we're dedicated to helping you meet your individual needs and achieve your personal goals. We're committed to supporting you every step of the way. Let's work together to make your wellness aspirations a reality.



📍 Marian Resort & Spa,  
Allt Y Graig, Dyserth,  
LL18 6DX

☎ 01745 703 330

🌐 [marianresortandspa.com](http://marianresortandspa.com)

✉ [enquiries@marianresortandspa.com](mailto:enquiries@marianresortandspa.com)

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for more  
information





# Terms & Conditions



The Marian Resort and Spa shall be operated as a propriety Resort owned by Lyons Holiday Parks and located at the Allt Y Graig, Dyserth LL18 6DX. The club will be administered by Lyons Holiday Parks. The owners shall solely determine the facilities of the Resort; any amendment or replacement shall be at the owner's discretion. It is the aim of The Marian Resort and Spa to provide a pleasurable part of your leisure time. To that end we have put together, some simple "terms of membership" which we hope will ensure all members are able to enjoy the club safely and without being inconvenienced.

We welcome all members' comments and suggestions.

## Access

- Members must present their membership card each time they visit the club. Resort guests can use their key fob attach to their room key and must sign in and out. The Resort reserves the right to refuse entry without presentation of these items.
- Entry will be refused to anybody under the influence of drugs or alcohol.
- No animals are permitted inside the Resort except for the sports bar, other than guide dogs.
- The Resort will open from 8 am to 9pm Monday – Sundays
- Last entry is 30 Minutes before closing. These hours may vary on Bank Holidays and over Christmas, New Year, and Easter.
- The Resort reserves the right to close facilities without prior notice should the need arise. Whenever possible advanced warning will be given.
- Only adult members are permitted to sign in other guests to use the facility.
- The Resort reserves the right to refuse admission to any guest.
- The Resort reserves the right to terminate membership without giving reason. (Refunds may be available).

## Health & Safety

- Please shower before using the swimming pool, spa pool, sauna and steam room.
- Prior to using the gymnasium, a physical activity readiness questionnaire must be completed and signed. If you have answered a 'yes' to any of the questions asked, you should refer yourself to your General Practitioner for clearance before use of the gym is permitted. We will proceed on the basis that you have then referred yourself to your General Practitioner and have been cleared in the absence of any evidence to the contrary. Please do not avail yourself of the facilities unless you have been so cleared to use them by your General Practitioner
- In the sauna or steam room, reading, shaving, or the drying of clothing and towels is not permitted.
- Running/ jumping/ diving or any other activity that may cause harm to you or other pool users is not permitted in or around the pool area.
- Members must accept responsibility for themselves and their guests and ensure that they abide by the Resort's terms of membership. Members must be always with their guests while in the facility.
- Food and drink are not permitted on poolside or in the changing room area. Except for non-alcoholic drinks in a shatter proof flask/bottle or plastic/ paper cup.
- Glass and crockery are strictly not permitted on the pool side or in the changing area.
- Smoking is not permitted anywhere inside the Resort.
- Please ensure that you have read the 'pool rules' signage before using the pool facilities.

# Terms & Conditions



## Children

- An adult must always accompany children under the age of 16 within the pool area.
- Children under the age of 16 are not permitted to use the gymnasium.
- Children under the age of 8 are not permitted to use the spa pool.
- Children under the age of 14 must be supervised by an adult when using the spa pool.
- Children under 16 are not permitted to use the Sauna and Steam room.
- There must be at least one adult to every two children under the age of 16 entering the pool area.
- All children must be supervised at all times whilst on the premises

## Membership

- All members will pay a subscription beginning when the member is accepted for membership and shall be payable either annually in advance or by monthly payments in which case it will be debited from the members bank account by monthly direct debit.
- Renewal of memberships is due after completion of the initial 12 month period and subsequent 12 month periods thereafter. Members are given the option to either renew their existing membership with the Terms and Conditions set out above prevailing for further 12 month periods, change to a different membership tariff for which a new initial contract period will apply, or pay their membership fee in one annual lump sum. Where members choose to renew their existing membership, members will have the ability to cancel their membership in accordance with the cancellation clauses set out in these Terms and Conditions. Please note that the continuance of monthly payments to Lyons Holiday Park Limited will constitute the renewal of the membership at the prevailing rate in accordance with these Terms and Conditions.

## Other Terms

- Radios, cassette players, mobile phones, and other items likely to cause annoyance may not be used in the club.
- Ball games and inflatable toys & rafts are not permitted in the pool unless incorporated into a planned children activity.
- Lockers should only be used for storage of personal belongings.
- Property is stored at the owner's risk and the club will accept no liability for loss or damage.
- Lockers will be cleared every 24 hours and all items removed.
- The Resort reserves the right to dispose of any items not claimed within 4 weeks.
- The Resort reserves the right to amend these terms at its absolute discretion. Notification of changes will be displayed on the notice board.

## Administration

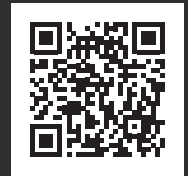
- The managers of the Marian Resort and Spa reserve the right to reject any application for membership without giving a reason.
- The Resort fees and tariffs shall be determined by the Resort and may be altered at any time. Members will be notified in advance of any changes.
- The Resort reserves the right to terminate the membership of any member without notice in the event of a member committing a serious breach of the Resorts terms of membership.
- On cancellation or termination of membership, no refund will be made.
- All members who wish to cancel their membership must do so in writing giving 28 days notice.
- Membership cards are only for use by the member and are not transferable under any circumstances.

It's not just about changing your shape;  
it's about transforming your life.

Start your commitment today to become stronger,  
healthier, and more confident – inside and out.



 [marianresortsndspa.com](http://marianresortsndspa.com)



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more information

**ELEVA TE**  
FITNESS GYM