



RELAX & REJUVENATE

Indulge in a luxury experience

SERENITY
SPA

DISCOVER THE... SERENITY SPA

Welcome to Serenity Spa, where tranquillity meets rejuvenation in a haven of blissful relaxation.

Nestled in the picturesque setting of the Marian Resort and Spa, surrounded by lush greenery and views out to the North Wales coast, our spa offers a peaceful retreat from the hustle and bustle of everyday life.

As you step through the doors of our Serenity Spa, you'll be greeted by the soothing melodies of gentle music and the calming scent of essential oils, instantly transporting you to a state of tranquillity.

Soft lighting and earthy tones create a warm and inviting atmosphere, inviting you to unwind and let go of all your worries.

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☎ 01745 703 330 | 🎵 📺 📷 /marianresortandspa

📍 Marian Resort & Spa, Allt - Y - Graig, Dyserth, Prestatyn, LL18 6DX



Serenity Spa Treatments

Indulge in a world of relaxation and rejuvenation with our luxurious spa treatments, meticulously crafted to nurture your body, mind, and spirit. From soothing massages to revitalizing facials, each treatment is designed to promote holistic wellness and inner balance, leaving you feeling refreshed, renewed, and revitalized.

At our Serenity Spa, we believe that true beauty radiates from within, and our mission is to help you nurture your inner glow and embrace your natural vitality. We invite you to step into our sanctuary of wellness and rejuvenation.

Spa Days & Packages

Escape the stresses of everyday life and immerse yourself in a world of tranquillity and luxury with our curated Serenity Spa packages, designed to pamper your body, soothe your mind, and nourish your soul.

Each of our packages combines a selection of our most popular treatments and experiences, allowing you to indulge in a comprehensive spa journey including full use of our luxury leisure facilities, that leaves you feeling rejuvenated, revitalized, and renewed.

Scan me for more information on Serenity Spa Treatments



Scan me for more information on spa days & packages



Spa Products

Indulge in the luxury of our Serenity Spa experience at home with our selection of premium spa products from **TRIBES17**, carefully crafted to nurture your body, mind, and spirit. From indulgent skincare essentials to aromatic bath rituals, each product is designed to bring the blissful tranquillity of the spa into your daily self-care routine.

Whether you're looking to pamper yourself or treat someone special, our spa products make the perfect indulgent gift for any occasion. Bring the luxury of the spa into your home and elevate your self-care routine with our premium collection of spa essentials.

PRODUCT HIGHLIGHT:
Hypnotic Sleep Balm

A deep relax balm for all over body before bedtime, naturally unwind and sleep deeply, while giving your skin a nourishing treat. To be applied to wrists and temples anytime that life seems exasperating.



Buy now, explore our wide range of products

EXPLORE OUR SPA DAYS & PACKAGES



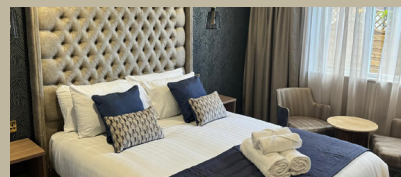
Girls Spa Package

Gather the girls for a blissful retreat filled with pampering, Prosecco, and personalized spa treatments, complete with a cozy night in our stylish accommodation.



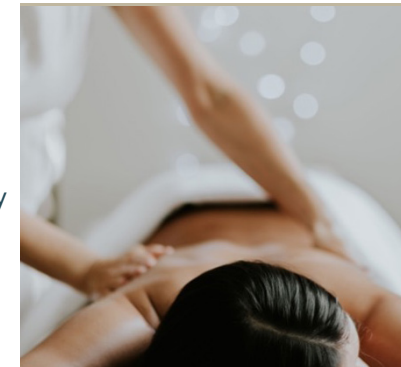
Couples Spa Stayover

Rekindle romance with a serene overnight stay, indulgent spa treatments for two, and a sumptuous dinner in our elegant VIEW Restaurant, designed to rejuvenate and reconnect, based on 2 people.



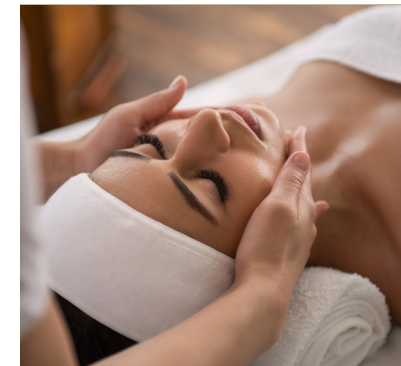
Well-being Experience

Indulge in a 60 minute treatment, post treatment remedy Aura and meditation experience, access to our luxury leisure facilities, and delicious lunch in The Lounge Bar.



Summer Sparkle

Indulge with a 60-minute treatment and delight in a delicious afternoon tea with a glass of fizz in The Lounge Bar, plus, immerse yourself in tranquillity with our luxury leisure facilities.



UNWIND IN LUXURY, ENERGIZE IN STYLE



EAT & DRINK

Explore our fantastic
restaurants and food venues...

Leisure Facilities

Our brand-new indoor heated pool, spa pool, steam room, sauna, and hydrotherapy contrast shower await your relaxation and rejuvenation journey.

Discover our new state-of-the-art gym and fitness suite, designed to elevate your workout experience to new heights. Our brand-new gym and fitness suite boasts the latest and best equipment, ensuring that you have everything you need to achieve your fitness goals.

Leisure access is complimentary to staying guests.

- Leisure facilities: Daily 8am – 9pm
- Gym: 24 hours, 7 days a week
- Weekly class schedules
- Kids swim times: Daily 10am -12pm & 3pm – 5pm



Scan me for more
information on our
leisure facilities...



Eat & Drink

Looking for the best place to eat and drink, then take your pick of trendy eateries and our boutique cocktail bar, where you will find a dining setting to suit any occasion. From relaxed and laid back, to celebrating a special occasion, enjoy every mouthful when visiting this designated area of outstanding natural beauty at our unique destination.

Our kitchen team celebrate the best of Welsh produce, and craft their menus and dishes with pride, and our bar tenders and mixologists serve and craft an array of tantalizing drinks.



The View Restaurant
Indulge in culinary bliss at
our vibrant restaurant.



Sports Bar & Grill
Enjoy our New York style,
all-day sports bar & grill.

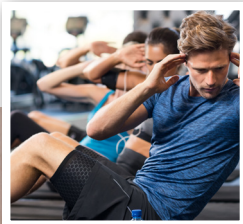


Cocktail Live Bar
Sip a cocktail in style at
our lavish cocktail bar.



The Lounge Bar
A light, modern & relaxed
setting, perfect for a catch up.

Scan me for more
information on our
restaurants...



DISCOVER UNIQUE STAYS...

Unique Stays at the Marian Resort and Spa

The Marian Resort and Spa is home to unique and immersive lodges, hot tub lodges and luxury boutique hotel rooms, offering experiences for travellers looking to escape every day life while enjoying comfortable accommodation.

Unwind in luxury with complimentary access with every stay, to our luxury leisure facilities, including our indoor heated swimming pool, spa pool, sauna and steam rooms, and hydrotherapy contrast shower, all await your relaxation and rejuvenation journey.

Accommodation Packages

Start your day right with our delicious Welsh breakfast and continental buffet. Dine in style at our VIEW Restaurant, enjoying panoramic views across to the North Wales coast, celebrating the best of seasonal Welsh produce, combining much-loved seasonal local dishes with classic cuisine.

Choose from a selection of packages:

- Bed & Breakfast
- Dinner, Bed & Breakfast
- Dinner, Bed & Breakfast with Wine

BOOK NOW

To find out more, head to...
marianresortandspa.com

SCAN ME

for more
information on
our unique stays...



Immersive Lodges

Discover our stunning lodges and hot tub lodges, each one thoughtfully equipped and blissfully homely. We have a range of lodges, from our classic 1 and 2 bedrooms, premium 2 and 3 bedroom detached lodges, and our luxury 2 and 3 bedroom hot tub lodges.



Bathroom with Power Shower | Kitchenette | TV | Free Wi-Fi | Hairdryers | Fluffy Towels | Complimentary Tea & Coffee

Luxury Boutique Hotel Rooms

Discover our luxury boutique hotel rooms, beautifully designed with sumptuous furnishings. Each room comfortably accommodates up to 2 guests...choose from; Twin Rooms or King Rooms.



Bathroom with Power Shower | Toiletries | Digital TV | Free Wi-Fi | Hairdryers | Fluffy Towels | Complimentary Tea & Coffee

SERENITY SPA TREATMENTS

Indulge in a world of relaxation and rejuvenation with our luxurious spa treatments, meticulously crafted to nurture your body, mind, and spirit. From soothing massages to revitalizing facials, each treatment is designed to promote holistic wellness and inner balance, leaving you feeling refreshed, renewed, and revitalized.

At our Serenity Spa, we believe that true beauty radiates from within, and our mission is to help you nurture your inner glow and embrace your natural vitality. So why not treat yourself to a moment of self-care and indulge in one of our luxurious spa treatments? Whether you're seeking relaxation, rejuvenation, or renewal, we invite you to step into our sanctuary of wellness and embark on a journey to total well-being.



FACE

Active Healing Facial

60 minutes

The active healing facial, using our exceptional honey based products, with its natural anti-ageing properties, to enhance and enrich your skins appearance, boosting its collagen and elastin proteins. Whilst also reducing inflammation, and stimulating its pure anti-bacterial and anti-oxidant defences.

Classic Sculpt Facial

60 minutes

Bring your dream complexion to life with a facial created to suit your skin, improving skin texture and contour, helping to leave the skin with a healthy glow. Coupled with our refining facial massage and soothing scalp massage, to leave you feeling deeply relaxed and ease tightness.

Express Facial

30 minutes

A mini rejuvenating facial designed to provide your skin with the essential maintenance of a cleanse, exfoliate and moisturise. Including a facial and scalp massage to help you unwind and calm your mind.

FACE & BODY

Flower Remedy Ritual

60 minutes

The power of botanical oils and flower absolutes combined with a full face, scalp and body treatment experience. Tailored for your personal needs and to connect your mind and skin on every level with our *Time, Heal and Change Remedy* balms to help support your anxieties, changing times and challenges in life.

NEW Hopi Ear Candle

30 minutes

A soothing remedy for the ears to rebalance and deeply calm all your senses, completed with a scalp message to help you repose. The candles are induced with beeswax and honey extract, with therapeutic oils to help with reducing inflammation and promoting relaxation.

Intense Superfood Release

60 minutes

Release tight and tired muscles with this back, face and scalp massage experience. Intended to release tightness of the upper body, whilst promoting healthy skin, a calmer mind and looser muscular fatigue. With nut free superfood oils and creams, whipped with white chocolate, sweet orange and vanilla. Perfect when you're not certain which treatment to choose.

MASSAGES

Indian Head Massage

45 minutes

An upper body release with a deeply relaxing shoulder and scalp massage to help relieve stress and tension using our very own fragrant aromatherapy oils. Once our oils have soaked through your skin, you'll feel your inner stress leave your body, allowing full relaxation.

Sound Asleep Full Body Massage

60 minutes

Surrender to the sensation of having your body gently realigned and perfectly put back together again with a body massage like no other, float into deep relaxation while you are supported lying down encouraging gravity to enhance the experience. With warm *Heal & Health Oil of Orange and Fennel*, or the nourishing *Hypnotic Sleep Balm of Petitgrain and Black Pepper* for intense rest.

Back & Sole Pressure Balance Massage

60 minutes

Rebalancing back and foot pressure point massage, with reflex inspired techniques and a full back silky paste massage, induced with magnesium and turmeric for active body vigour, reducing inflammation and rejuvenating the functions of the skin and body.

Pink Salt Grain Massage

60 minutes

Optimum skin health and nourishment, with complete muscle relaxation. This combined full body massage and healing body scrub uses a thick luscious body cream with *Pink Himalayan and Marine* salts, blended with oils of *Palmarosa*, helping to exfoliate and boost the skins radiance.

Mama Love

60 minutes

Tender loving care for the second and third trimesters of pregnancy, and beyond. A cocooning massage encouraging sleep and relaxation, whilst helping to soothe inflammation around joints, reducing aches and pains. With warm blankets, pillows and a comforting blend of nourishing butters.

Back, Neck, and Shoulder

30 minutes

Concentrated on the back, neck and shoulder area, specific aromatherapy oils are used to release tension and help soothe tight, sore muscles, which result from wear and tear of life. Once our oils have soaked through your skin, you'll struggle not to drift off into a blissful sleep as you feel your inner stress leave your body.

Hot Rocking Relax Massage

60 minutes

Hot and healing *Himalayan Salt Rocks* for a full body massage of intense pleasure with your choice of our aromatherapy oils to relieve aches and pains, relax the muscles and stimulate circulation.

NEW Reflexology Foot Massage

45 minutes

Reflexology is an alternative medical therapy that works by applying pressure to specific points of the feet that correspond to all parts of the body to help rebalance, relieve stress and anxiety, support pain relief, and boost lymph and blood circulation.

Treatment Side Orders

15 minutes

Include any side treatment alongside a full service.

- Scalp Massage
- Facial Massage
- Foot Massage
- Hand & Arm Massage

TERMS AND CONDITIONS SPA MEDICAL CONSULTATION Your health and well-being is our primary concern, therefore if you are currently pregnant, have any allergens, have a heart disorder, have a diagnosed medical condition or are taking any prescribed drugs, please let us know in advance. A full consultation will be completed with you on arrival but if you are aware of any contraindications your chosen treatment may need to be changed. PREGNANCY Please note that we do not offer massage or body treatments for ladies who are 1-13 weeks pregnant. From 13 weeks we offer a range of specialised luxury pregnancy treatments. If you need any further guidance, please ask any member of the Spa Team. Pregnant ladies are strongly advised against the use of the sauna and steam room. PAYMENT Full pre-payment is required at time of booking for all spa packages. All treatment times are subject to availability. Treatment bookings made via the Spa website are confirmed by email for your chosen time and date.



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GIFT VOUCHERS

Give the gift of well-being to someone special.
Treat them to specific packages, treatments
or a voucher for a monetary value.

Scan me for more
information on gift vouchers

